matbakhna
FOOD SERVICES

Week 1- Sunday 29/11/2020 to Thursday 03/12/2020

	Main Course	Side	Salad	Dessert
Sunday	Chicken BBQ sauce	Ratatouille Vermicelli Rice	Russian Salad	Nutella Pudding
Monday	Beef Mushroom sauce	Pasta (Marinara sauce/ white sauce)	Baba Ghannouj Salad	Seasonal Fruit
Tuesday	Grilled Chicken	White Egyptian rice Okra	Greek Salad	Caramelized Sweet potatoes
Wednesday	Beef Fajita	Orzo Potatoes Gratin	Mexican Corn Salad	Rice pudding
Thursday	Herbal Roasted Chicken	Basmati Khalta Rice (Maternelle White Egyptian Rice) Baked Zucchini	Yogrut Salad	Seasonal Fruit

Week 2- Sunday 06/12/2020 to Thursday 10/12/2020

	Main Course	Side	Salad	Dessert
Sunday	Chicken Baked Pasta Fried Tortilla	Sautéed veggies	Eggplant Salad Mexican Salsa Dip	Custard
Monday	Shish Tawook	White Rice Green Beans	potato salad	Yogurt plain/ juhayna fruits yogurt
Tuesday	Grilled Kofta	Vermicelli Rice Moussaka	Tahini Dip Pita Bread	Fruit salad
Wednesday	Grilled chicken with lemon crème sauce	Crystal Rice Mixed Roasted Veggies	Greek Salad	Jelly
Thursday	Mini burgers	Roasted Potatoes Mini burger buns	Coleslaw Salad	Seasonal fruit

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Week 3- Sunday 13/12/2020 to Thursday 17/12/2020

	Main Course	Side	Salad	Dessert
Sunday	Chicken fajita	White rice Baked Potatoes in tomato sauce	Beetroot	Seasonal Fruit
Monday	Swedish Meatballs	Pasta (Alfredo sauce/Marinara sauce)	Cucumber Dill Salad	Yogurt plain/ juhayna fruits yogurt
Tuesday	Grilled Chicken	White Rice Molokheya	Potato Salad	Seasonal Fruit
Wednesday	Beef Chunks (Kebab Hala)	Basmati Rice Spinach Gratin	Russian salad	Custard with fruit
Thursday	Koshary		Oriental Salad	Jelly

Week 4- Sunday 20/12/2020 to Thursday 26/12/2020

	Main Course	Side	Salad	Dessert
Sunday	Pasta Bolognaise Grilled Veggies Potato Gratin		Cesar Salad	Yogurt plain/ juhayna fruits yogurt
Monday	Roasted Chicken Gravy sauce	Basmati turmeric Rice Peas with carrots	Beetroot Salad	Crème brulee
Tuesday	Chicken stir fry	Vegetables stir fry Noodles	Thai Salad	Jelly
Wednesday		***Vacation***		
Thursday				